



WE ARE GLAD YOU ARE HERE! HERE ARE SOME SUGGESTIONS TO HELP YOU GET THE MOST OUT OF ONLINE CHURCH.

1. **Be Present.** Treat this time like you went to a house of worship, which is where you are! Try not to hold a side conversation, answer calls, or multi-task. Be with God and His people like always. After all, we believe in the communion of saints!
2. **Worship, don't just watch.** Sing when the leader sings, pray when the pastor prays, say "amen" or "hallelujah" out loud when you hear something that resonates with you.
3. **Interact with God and Each Other.** Feel free to make comments in the thread below the video, ask questions or give a word of praise, or ask for prayer. We will have an online host to help facilitate the comment threads.

CHILDREN'S CHURCH (98 Campus) Children are starting in Children's Church and will join us for the remainder of worship during announcements.

WELCOME

CALL TO WORSHIP

WORSHIP SONGS:

"Everlasting God"

Strength will rise as we wait upon the Lord
We will wait upon the Lord
We will wait upon the Lord
Strength will rise as we wait upon the Lord
We will wait upon the Lord
We will wait upon the Lord

Our God You reign forever
Our Hope our strong Deliv'rer

*You are the everlasting God the everlasting God
You do not faint You won't grow weary
You're the defender of the weak
You comfort those in need
You lift us up on wings like eagles*

(Beach only)

"Goodness of God"

I love you Lord Oh Your mercy never fails me
All my days I've been held in Your hands
From the moment that I wake up until I lay my head
I will sing of the goodness of God

*All my life You have been faithful
All my life You have been so so good
With every breath that I am able
I will sing of the goodness of God*

I love Your voice You have led me through the fire
In darkest night You are close like no other
I've known You as a father
I've know You as a friend
I have lived in the goodness of God

Your goodness is running after it's running after me

*Your goodness is running after it's running after me
With my life laid down I'm surrendered now
I give You everything
Your goodness is running after it's running after me*

CONFESSION/ABSOLUTION (98 Campus Only)

L: If we say we have no sin, we deceive ourselves and the truth is not in us.

C: But if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Silence for a time of Reflection

L: Let us then confess our sins to God our Father.

C: Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbor as ourselves. We justly deserve your present and eternal punishment. For the sake of your Son, Jesus Christ have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will, and walk in your ways to the glory of your holy name. Amen.

L: Almighty God in his mercy has given his Son to die for you and for his sake forgives you all your sins. As a called and ordained servant of the Word I therefore forgive you all your sins in the name of the Father and the Son and the Holy Spirit.

C: Amen

WORSHIP SONG (98 Campus Only) “Goodness of God”

I love you Lord Oh Your mercy never fails me
All my days I've been held in Your hands
From the moment that I wake up until I lay my head
I will sing of the goodness of God

*All my life You have been faithful
All my life You have been so so good
With every breath that I am able
I will sing of the goodness of God*

I love Your voice You have led me through the fire
In darkest night You are close like no other
I've known You as a father
I've know You as a friend
I have lived in the goodness of God

*Your goodness is running after it's running after me
Your goodness is running after it's running after me
With my life laid down I'm surrendered now
I give You everything
Your goodness is running after it's running after me*

SERMON:

“CHASING CARROTS: PERFECTIONISM”

Pastor Jason Scheler

MEMORY VERSE

“Be perfect, therefore, as your heavenly Father is perfect.” (Matthew 5:48 NIV)

THREE TYPES OF PERFECTIONISTS

1. SELF-ORIENTED PERFECTIONIST

You hold unrealistically high expectations of yourself and battle with feelings of guilt, often obsessing to the point of inefficiency. You're prone to procrastinate and struggle with deep feelings of inadequacy.

2. EXTERNALLY-ORIENTED PERFECTIONIST

You believe others expect you to be perfect. To cope with the pressure, you often use self-deprecating humor as a defense. You often feel alone, depressed, and desperate because you know you will never be enough.

3. **OTHERS-ORIENTED PERFECTIONIST**

You expect others to live up to your impossible standards. Because you tend to lack empathy, you often tear others down or use abrasive and demeaning humor toward those who don't meet your standards.

THE SPIRITUAL SIDE OF PERFECTIONISM

For no one can ever be made right with God by doing what the law commands. The law simply shows us how sinful we are. (Romans 3:20 NLT)

We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are. (Romans 3:22 NLT)

Perfectionism

What I do
About me
If I obey, God will love me
Winning God's approval

Grace

What Jesus has done
About Jesus
Because God loves, I can obey
Living from God's approval

BECAUSE THE PRESSURE IS OFF

1. CHOOSE PEOPLE OVER PERFECTION.

But the Lord said to her, "My dear Martha, you are worried and upset over all these details! ⁴²There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her." (Luke 10:41-42 NLT)

2. CHOOSE PERFECT LOVE OVER PERFECTION.

"You have heard that it was said, 'Love your neighbor and hate your enemy.' ⁴⁴But I tell you, love your enemies and pray for those who persecute you ... ⁴⁶If you love those who love you, what reward will you get? Are not even the tax collectors doing that? ⁴⁷And if you greet only your own people, what are you doing more than others? Do not even pagans do that? ⁴⁸Be perfect, therefore, as your heavenly Father is perfect." (Matthew 5:43-44, 46-48 NIV)

GOING DEEPER IN THE HOME

1. In what ways might perfectionism mask an insecurity? How have you seen this play out in your own life?
2. Read Romans 3:20-22. Why might it be difficult to accept that we are perfected, not through our own efforts, but through our faith in Christ?
3. How can we focus on Christ and the work He's doing in our lives rather than on our desire to make ourselves better on our own?
4. Look for ways to prioritize giving love and grace to those around you this week rather than pursuing perfectionism.

PRAYER

ANNOUNCEMENTS/OFFERING:

Give online at www.hopeonthebeach.com
Text to Give at (850) 990-4325
Schedule free bill pay through your local bank.
Mail your tithe/offering to:
Hope on the Beach Church
3834 US Hwy 98 West
Santa Rosa Beach, FL 32459
Drop off an offering on Monday between 10:00am and 2:00pm



NEXT STEPS:

Please fill out a Connection Card online by using this link:
<https://hopeonthebeach.breezechms.com/form/ConnectionCard>

Follow us on Facebook to find worship, prayers, and devotions all week long. Subscribe to our YouTube channel as well!

Growth Track, Wednesday, March 10th and 17th @ 6:30 pm

Have you been looking for the opportunity to learn more about Hope on the Beach Church or to become a member? Growth Track provides you the opportunity to ask questions and learn more. Contact Pastor Jason or Kristie if you have questions.

Youth Group, Wednesday, March 17th @ 6:30 pm

Invite your friends to join us for dinner, games, and a lesson on the 7th Commandment. We will meet in the 98 Campus.

Youth/Young Adult Picnic, Saturday, March 20th @ Noon

If you are in grades 6th—12th or a young adult, come and join us for a picnic. We will have outdoor games, food, and fun together. Bring your favorite picnic side dish to share.

Egg Drop Work Party, Monday, March 22nd @ 1:00 pm

Join us for a fun afternoon of filling eggs. Thank you in advance for your help.

Egg Drop Palooza Volunteer Training, Thursday, March 25th @ 6:00 pm

If you signed up to help volunteer with this years Egg Drop Palooza, please plan to attend this special training. Training will consist of detailed job descriptions, event schedule, and special helicopter egg drop training required by Walton County. Dinner will be provided. If you have signed up to help and cannot attend this training, please contact Jacob at Jacobscheler@hopeonthebeach.com.

Egg Drop Helicopter Ride Opportunity

Have you ever dreamt of riding in a helicopter and serving your church and community at the same time? You can at the Egg Drop Palooza! Place a bid to ride in the Egg Drop Helicopter. Two winners will get to drop the eggs from the helicopter while enjoying an aerial view of Destin to Santa Rosa Beach. The two highest bids will be chosen! Proceeds will go to the event.

Women of Hope Monthly Donation

During the month of March the Women of Hope are asking for donations for Egg Drop Palooza. We need wrapped hard candy to fit into (5,000) plastic eggs (no chocolate), ketchup, mustard, pickle relish, hot dogs, hot dog buns, and individual bags of chips.

Worship Leader

Bekah will finish her internship in May and plans to pursue a teaching position. We are seeking applicants to lead our worship ministry including tech and other ministry according to giftedness, preferably youth and children's ministry. A ministry description and application are available in the office.



For more information and details scan the code or go to our online calendar
@ hopeonthebeach.com/events

LORD'S PRAYER

LORD'S SUPPER (98 Campus Only)

BLESSING (98 Campus Only)

WORSHIP SONG***"How Great Is Our God"***

The splendor of a king clothed in majesty
Let all the earth rejoice all the earth rejoice
He wraps Himself in light and darkness tries to hide
And trembles at His voice trembles at His voice

*How great is our God sing with me
How great is our God and all will see
How great how great is our God*

Age to age He stands and time is in His hands

Beginning and the end beginning and the end
The Godhead Three in One Father Spirit Son
The Lion and the Lamb the Lion and the Lamb
Name above all names worthy of all praise
My heart will sing how great is our God

All songs reprinted under our CCLI license number, 2933935.

CONTACT US

Jason Scheler, Sr. Pastor:

pastorjason@hopeonthebeach.com
Staff-Leadership-Elders-Men's Ministry

Jacob Scheler, Vicar:

jacobscheler@hopeonthebeach.com
Outreach-Young Adult-Youth

Kristie Scheler,

Dir. of Connections:

kristie@hopeonthebeach.com
Office-Assimilation—Women's Ministry

Laurie Rowland,

Admin. Assistant:

laurie@hopeonthebeach.com

Bekah Phifer, DCE Intern:

bekah@hopeonthebeach.com
Children's-Youth Ministry-Worship

Office: admin@hopeonthebeach.com

Office Hours: Monday - Thursday from 10:00 to 2:00
850-267-0322 hopeonthebeach.com

*All music licensed through Christian Copyright Licensing International (CCLI).
Hope on the Beach is a registered user (#2933935). We thank God for the artists who readily
share their music with His Church through this licensing agent.*