

## **“QUESTIONS JESUS ASKS: HAVE YOU ANYTHING HERE TO EAT?”**

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### **JESUS ASKS QUESTIONS TO LEAD US INTO DEEPER TRUST IN HIM.**

<sup>40</sup>And when he had said this, he showed them his hands and his feet. <sup>41</sup>And while they still disbelieved for joy and were marveling, he said to them, “Have you anything here to eat?” <sup>42</sup>They gave him a piece of broiled fish, <sup>43</sup>and he took it and ate before them. (Luke 24:40-43)



### **JESUS IS THE REAL DEAL.**

#### **BREAKING BREAD TOGETHER IS IMPORTANT AND SIGNIFICANT BECAUSE...**

##### **1. JESUS IS THE BREAD OF LIFE.**

Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.” (John 6:35)

##### **2. WE ARE REMINDED WHAT IS ESSENTIAL.**

<sup>44</sup>Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” (Luke 24:44)

##### **3. IT CREATES TEACHABLE MOMENTS.**

<sup>45</sup>Then he opened their minds to understand the Scriptures, <sup>46</sup>and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead,” (Luke 24:45-46)

One who heard us was a woman named Lydia, from the city of Thyatira, a seller of purple goods, who was a worshiper of God. The Lord opened her heart to pay attention to what was said by Paul. (Acts 16:14)

They said to each other, “Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?” (Luke 24:32)

##### **4. IT GIVES DIRECTION AND IDENTITY.**

<sup>47</sup>and that repentance for the forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. <sup>48</sup>You are witnesses of these things. (Luke 24:47-48)

##### **5. IT EMPOWERS YOU.**

<sup>49</sup>And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high. (Luke 24:49)

**BOTTOM LINE: BREAK BREAD WITH JESUS AND OTHERS OFTEN.**

**GOING DEEPER**

1. Are you consuming Jesus? What have you learned that needs to be returned to others?
2. How often am I breaking bread as a family or with others?
3. What are essential truths or values you want your family to have?